

# INSPIRING SPIRIT

## VISION:

To collectively build community in a way that is healing, educational, empowering, & gives us hope.

Use this opportunity to share poems, writing, stories, videos, cartoons, or any other form of mixed media to bring our theme to life.

Each month we will collectively select a characteristic that we want to center and practice in our learning space.



**COURAGE**

During our weekly sessions, we will reflect on people and communities who have also embodied that characteristic in their lives or movements.

## WORD OF THE WEEK:

**COURAGE**

## INSPIRED SPIRIT:

**RUBY BRIDGES**

RUBY BRIDGES WAS THE FIRST PERSON TO ATTEND A DESEGREGATED SCHOOL AT SIX YEARS OLD. HER COURAGEOUS ACTIONS PROGRESSED THE CIVIL RIGHTS MOVEMENT

*"I now know that experience comes to us for a purpose, and if we follow the guidance of the spirit within us, we will probably find that the purpose is a good one." ~ Ruby Bridges*